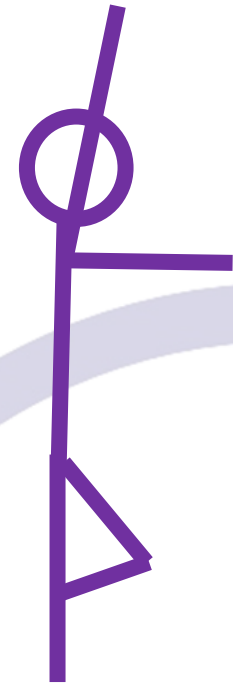


Copy Cats

How to Play:

- ✓ Play in pairs or groups standing facing each other (2/3 steps apart).
- ✓ One person is the 'Leader'. The 'Leader' makes shapes and performs actions with their body staying on the spot.
- ✓ Everybody else must copy their actions as quickly and closely as possible.
- ✓ Swap roles every 1 minute.
- ✓ Think about a wide range of movements, being as creative as possible.



Leader



Copy Cat

Copy Cats

The National Curriculum

By practicing this activity, your child will develop the following skills:

- ✓ Coordination & movement
- ✓ Balance
- ✓ Link movements and actions
- ✓ Cooperation

National Curriculum Criteria:

Key Stage 1 (Years 1 & 2)

- ✓ Develop balance, agility and coordination, and begin to apply these in a range of activities.

Key Stage 2 (Years 3 to 6)

- ✓ Develop flexibility, strength, technique, control and balance.