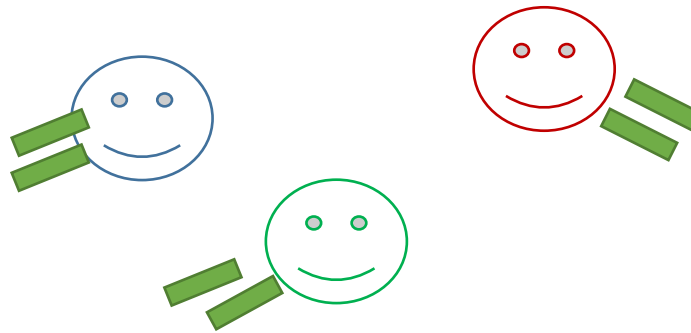


Capture The Tags

How to set up:

- ✓ Give each player 2 tags (tea towels, ties, long socks, etc).
- ✓ Tags must be tucked into the waistband, one at each side of the legs.



Equipment:

- ✓ Tags:
 - Tea towels
 - Ties
 - Long socks
 - etc.

How to Play:

- ✓ Players move around, attempting to steal Tags from the other players.
- ✓ When a player steals a Tag, they must tuck it into their waist.
- ✓ Play the game for 2 – 4 minutes.
- ✓ Continue playing the game, attempting to steal tags from each another.

How to score:

- ✓ The player who has the most Tags at the end of the game is the winners.

Capture The Tags

The National Curriculum

By practicing this activity, your child will develop the following skills:

- ✓ Coordination & movement
- ✓ Speed and agility
- ✓ Move with control
- ✓ Speed endurance
- ✓ Competing with others

National Curriculum Criteria:

Key Stage 1 (Years 1 & 2)

- ✓ Master basic movements including running, jumping, throwing and catching and begin to apply these in a range of activities.
- ✓ Develop balance, agility and coordination, and begin to apply these in a range of activities.
- ✓ Participate in team games, developing simple tactics for attacking and defending.

Key Stage 2 (Years 3 to 6)

- ✓ Use running, jumping, throwing and catching in isolation and in combination.
- ✓ Develop flexibility, strength, technique, control and balance.
- ✓ Play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending.